YogaShopYoga Teacher Training: LivFree Power® LivFree Power® THE MASTERS Enroll now, class starts January 2019!



You are a RYT-200. Now what? What's the next step? The next step is HERE.

You need:

- All applicants must be 200 hour certified.
- You need to be passionate & a willing seeker of growth personally & professionally.

You DO NOT need:

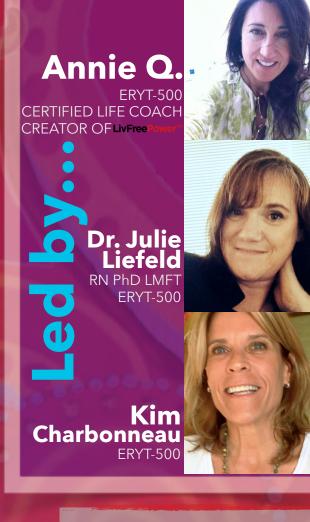
- You DO NOT have to be certified as a LivFreePower[™] Yoga Teacher.
- You DO NOT need to be certified MODULE TIMES: by Annie Q.
- You DO NOT need to be currently teaching.

Saturday 8am-6pm

Sunday 8am-5pm

WEEKEND DATES:

January 5-6	July 13-14	
February 2-3	August 3-4	Sout
March 2-3	September 7-8	Winds
April 6-7	October 5-6	



PROGRAM TUITION:

May 4-5

June 1-2

November 2-3

December 7-8

TUITION INCLUDES:

Weekend Modules: (240 hours)

- 1. Creative Sequencing
- 2. Yoga as a Profession
- 3. Yoga as Therapy/Mental & Physical
- 4. Advanced Physiology & Nutrition
- 5. Diving in...it's ALL yoga!
- 6. Holding Space/Life Coaching

Taking it out of the studio: (30 hours) Homework: (30+hours) *Other expenses to include additional books.

7. Juicy Assists/Advanced Assisting

Stualo

- 8. Fear Factor/The Psychology of
 - **Your Teacher**
- 9. Teachers Toolbox
- **10. Yoga Mojo-Yoga Nuances 11. The IT Factor**

<u>-\$4000,</u> if paid in full. -\$4500, payment plan: 3 payments of \$1200 & final \$900 all due before **November 1, 2019**

Contact LivFree6@mac.com for application and more information.

