

# GOOD KARMA!



## COMMUNITY YOGA

**Every**

**Saturday**

4:30 pm

**Every Studio**

Old Saybrook  
South Windsor  
West Hartford

**PRACTICE.**

**SUPPORT.**

**SPREAD THE LOVE.**

\$5 Donation



The **YogaShop**



**BEST OF**  
**Hartford**  
MAGAZINE  
**2016**  
WINNER